

Topic/Competency Discussed		Personal	Leadership	Executive
Personal Coaching	Accountability & Follow Up	✓	✓	✓
	CORE Assessment	✓	✓	✓
	Self-Awareness	✓	✓	✓
	Time Management	✓	✓	✓
	Life Planning	✓	✓	✓
	Other Concepts (see second page)	✓	✓	✓
Leadership Coaching	Getting Influence & Buy-In		✓	✓
	Managing Conflict		✓	✓
	Delegation		✓	✓
	Having Effective Meetings		✓	✓
	Team Communication & Communication Matrix		✓	✓
	Other Concepts (see second page)		✓	✓
Executive Coaching	Managing Product Brand			✓
	Creating Org Structure			✓
	Labor Strategy			✓
	Talent Strategy			✓
	Employer Branding			✓
	Other Concepts (see second page)			✓

Other Personal Coaching Topics Discussed

Accomplishing Job Responsibilities and Goals	Overview of Budgeting & Personal Finances
Goal Setting	Contribution Types
Emotional Intelligence	Communication
Conflict Strategy	Interviewing
Honesty	How to Follow
Humility	Professionalism
Self-Control	Building Confidence
Leadership Skill Theory	Being Assertive
Creating a Personal Leadership Development Plan	Decision-Making
Leadership Trait Theory	
Personal Branding	

Other Leadership Coaching Topics Discussed

Creating a Leadership Philosophy	Pursuing Excellence
Situational Leadership	Balancing Performance & Humility
Adaptive Leadership	Having Hard Conversations
The Four C's of Leading Others	Giving Feedback
Creating a Simple Business Plan	Negotiating
Servant Leadership	Common Team Dysfunctions
Motivational & Behavioral Theory	Leading Diverse Teams & Team Leadership

Other Executive Coaching Topics Discussed

Creating a Leadership Philosophy
Situational Leadership
Adaptive Leadership
The Four C's of Leading Others
Creating a Simple Business Plan
Servant Leadership
Motivational & Behavioral Theory